



WHAT CAN YOU DO?



- Find out more. Many scouting and other youth groups have programs to help learn about environmental and take care of them
- Plant Trees! either you live in a city, on a farm, or near the forests ,growing trees makes a difference. Be sure to choose the right kind for your area. And have a plan to keep the trees alive. Visit www.unep.org/billinotree campaign to learn how to plant and make your pledge to start.
- When your family buys wood or furniture, try to find the products that are “certified.” A certification label will tell you it has been cut with the least damage to the environment.
- Use both sides of a sheet paper and print only when necessary.
- Look for “shade-grown” treats. Cocoa and coffee trees grow in the tropics. Some companies plant them in the shade beneath taller native trees-so you could preserve the natural forests by eating chocolate
- Turn off appliances, heating and air conditioning when you are not using them. Computers and other electronics draw energy even when turned off - so be sure to unplug them, too.
- Use your consumer –power. Buying climate –friendly goods-such as energy-efficient light bulbs or electronics can encourage the manufactures to go green. Less packaging also helps to save energy.
- Walk. Bicycle or take at rain or bus. Only drive in a car if you must. Cars add far more carbon per person to the air than public transport.
- Write to your political leaders. Petition for cleaner cars, better public transport or renewable energy.
- Join an eco-club at your school or place of worship –or create one. Together, club members can learn about the condition of the land in your region and practice ways to keep it healthy.
- Use manure and compost to nourish your garden or farm. Making compost-natural fertilizers from plants and waste-can be one of your club activities. Compost helps keep soil healthy and able to absorb water.
- Remember that everything you dump-from a plastic bag to oil from vehicle- ends up washing into the ocean sooner or later. So when you go shopping, carry a basket or cloth bag for your purchases instead of getting a plastic bag. Encourage your family and friends to do this too.
- If your town has a recycling programme, make sure you recycle your waste-plastic, glass, newspapers not, encourage your family to dispose off waste properly-burying any plastic deeply if you don’t have garbage collection services.
- If you have a garden, try to grow your vegetables and flowers without chemicals, or use as little as you can. That’s healthier for you and your family as well as the sea creatures. Environmental groups can advise you on how to control insects without lots of chemicals.
- When you visit the coast, be gentle. If there is a coral reef there, don’t walk on it or break pieces off. Living coral can easily be killed.
- Organize an energy audit for your home and school: How much electricity do you use every month? What makes the most? (Often at home its’ the refrigerator, heater or air conditioner.) How can you increase your energy efficiency or turn to renewable? Even if you have to hire someone to help or invest in new equipment, you will save money in the long run.
- Invite your friends to participate in environmental activities and actions such as Clean-up the World, World Environment Day.
- Reduce your consumption and buy only when necessary.
- You can wear your jeans for longer without washing. This saves water, soap and electricity!
- Reduce, re-use, recycle and repair. Use only as much as you really need.

UNITE TO COMBAT CLIMATE CHANGE